


Sub.	Course Syllabus	
Year	2020/2021	



**Jerash University**


**Faculty of Nursing**

**Major: Nursing**


**COURSE SYLLABUS**

**Adult Health Nursing (2) Theory**

**Course File Copy**

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This Course Syllabus is to be kept in the course file for this course. All changes, update and/or modifications should be reflected on the form, and should be kept in the Course Quality Assurance Form.


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**Jerash University**  
**Faculty of Nursing**  
**Course Syllabus**

<b>Course Information</b>	
<b>Course Title</b>	<b>Adult Health Nursing 2 (Theory)</b>
<b>Course Hours</b>	<b>0801315</b>
<b>Pr e- co –requisites</b>	<b>801221 + 801223</b>
<b>Instructor</b>	<b>Dr.Rana Al Awamleh</b>
<b>Coordinator</b>	<b>Dr.Rana Al Awamleh</b>
<b>Email</b>	<a href="mailto:rana@jpu.edu.jo">rana@jpu.edu.jo</a>
<b>Course Description</b>	
<p><b>This course focuses on the theoretical and conceptual basis for nursing management of adult clients experiencing acute and chronic illness. The impact of social, cultural, psychological, physical, and spiritual factors on clients' health will be explored. It enables the students to develop assessment, critical thinking, and decision making skills required for planning and implementing the appropriate nursing care to clients suffering a wide variety of commonly presenting acute and chronic illness.</b></p>	

<b>Course Objectives</b>
<p><b>After completion of this course, the student will be able to:</b></p> <ol style="list-style-type: none"> <li><b>1- Identify the acute and chronic health problems that affect the adult clients in the Jordanian community</b></li> <li><b>2- Identify strategies related to assessment and prevention of chronic illness.</b></li> <li><b>3- Identify nursing interventions related to a variety of health problems in the adult client suffering from a chronic illness</b></li> <li><b>4- Describe therapeutic approaches for symptom management in clients experiencing chronic illness.</b></li> <li><b>5- Describe methods to evaluate nursing interventions designed to maintain or promote a client safety</b></li> <li><b>6- Describe methods of prevention and early detection used to obtain and maintain health in client at risk for development of acute or chronic</b></li> </ol>

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- health care problems
- 7- Identify client and family teaching needs to provide optimal safe care for Describe therapeutic approaches for symptom management in client experiencing chronic illness.
  - 8- Identify community recourse available to assist client and families in dealing with acute or chronic health care problems after discharge from hospital.
  - 9- Discuss the role of the nurse in caring for the acute and chronically ill adult clients.
  - 10- Utilize the nursing process in meeting the physiological and psychological needs of adult client with acute and chronic health problems /alterations.
  - 11- Apply Knowledge and selected concepts related to acute and chronic illness from nursing sciences and the humanities.
  - 12- Analyze the impact of chronic illness on the client and their families from social psychological, physical, spiritual, and economic perspectives.
  - 13- Explore the importance of families and other social supports in chronic illness.
  - 14- Critically analyze ethical issues related to the care of the adult client suffering from a chronic illness.
  - 15- Identify research questions that remain unanswered in the area of chronic illness.
  - 16- Develop individualized care plans for client with acute and chronic health problems based on the identified nursing diagnoses.
  - 17- Formulate goals and outcome criteria for evaluating the effectiveness of nursing intervention.
  - 18- Develop teaching plans for client and families in order to provide optimum care for client with acute and chronic health problems.
  - 19- Utilize critical thinking process and decision making skills in the care of the patient with acute and chronic illness.
  - 20- Incorporate ethical, legal , and professional standards needed for nursing care of adult individuals with acute and chronic illnesses.

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## **Course Policies:**

Should be explained to students at the first meeting:

### **1. Class Attendance:**

Attendance is required in lecture and control lab. See attendance policy in student handbook. You are expected to remain in attendance during lecture time and control lab. Verify attendance with instructor when tardy, otherwise you will be marked absent on attendance sheet. It is the student's responsibility to notify instructor prior to any absence or tardy for lecture or clinical. See clinical absence makeup guidelines.

As part of your professional behavior, it is an expectation that you will arrive on time for lecture and control lab. Your first tardy, you will be given a written/verbal warning. Your second incident of tardy, you will be given an advisement notice.

Your third incident of tardiness, you are at risk of being dropped from the nursing program.

- Attendance in the classroom is required and students should be on time.
- Students who miss more than 7 class hours will not be allowed to continue in the course and the relevant university policy will be applied to them. Excessive absenteeism is grounds for dismissal from the course.


### **2. Exams:**

1. No bulky jackets (sweat shirts or small sweaters are allowed), no hats, caps, or sunglasses are to be worn while testing.
2. No talking; no phones or iPods.
3. Cell phones are to be turned off before you enter the testing area.
4. Keep eyes on paper; once you leave the testing room-no reentering
5. Do not bring any bags, purses or backpacks in the testing area,
6. Place belongings in front of the room.

**- Exam Attendance/Punctuality:**

**- Cheating:**

All students are expected to be honest in their academic work and to display integrity in the demonstration of their achieved competencies. Cheating, which is

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the willful decision on the part of a student to be dishonest in the representation of the work of others as his/her own, is unacceptable behavior. Faculty members establish standards of behavior that are consistent with the principles of honesty.

**- Penalty for Cheating:**

If a student is found guilty of giving or receiving help in an examination or is guilty of deliberate plagiarism in the submission of a project, he/she will receive a grade of zero in the examination or on the project. Other penalties may be imposed as mandated by departmental policies and as directed by circumstances.

**- Mobiles:** Audible signals from cell phones, beepers or pagers disrupt the educational process. Upon entering class and control lab, cell phones are to be turned off and beepers/pagers set in vibration mode. Students will not be excused from class in order to respond to electronic summons. Failure to respect this policy will not be tolerated per the “Student Conduct Policy” in the College Schedule of Classes. **CONTINUED DISRUPTION MAY BE GROUNDS FOR DISCIPLINARY ACTION AT THE ADMINISTRATIVE LEVEL.** Students will be immediately sent to the office of the program director or her designee. If a student is “on call” for work the instructor must be informed at the beginning of the course.

No cell phones, beepers or pagers are allowed in the clinical setting. **DO NOT BRING THEM INTO THE CLINICAL SETTING.** If you have PDA capabilities on your cell phone, you may bring the cell phone to the clinical setting and turn off the phone capabilities. If an emergency should arise, family, significant others, school personnel, etc. should contact the Health Occupations Division secretary at (562) 860-2451 ext. 2551. The secretary will forward the information to the faculty who will then notify the student. Students are encouraged to give the college telephone number and secretary extensions to the emergency contact person(s).


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### 3. Grading System:

Mark Range	Grade
90 - 100	Excellent
80 - < 89	Very Good
70 - < 79	Good
60 - < 69	Acceptable
50 - < 59	Weak
Less than 50	Fail

### Assessment Policy

<u>Assessment</u>	<u>Expected due date</u>	<u>Grade%</u>
First exam	Week 6	20%
Second exam	Week 11	20%
Quizzes and participation and assignments	During the semester	20%
Final exam	Week 16	40%
Total		100%
Attendance	According to University rules	

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### Text Books


- 1. Brunner & Suddarth's Textbook of Medical-surgical Nursing, 2018**  
Janice L. Hinkle, Kerry H. Cheever. Publisher: Wolters Kluwer
- 2. Medical Surgical Nursing Study Guide: Med Surg Certification Review Book: 2019, Med Surg Study Guide and Practice Test Questions [CMSRN Review Book]**
- 3. Medical-Surgical Nursing: Assessment and Management of Clinical Problems, Single Volume 10th Edition. 2017**  
by Sharon L. Lewis RN PhD FAAN (Author), Linda Bucher RN PhD CEN CNE (Author), Margaret M. Heitkemper RN PhD FAAN (Author), Mariann M. Harding PhD RN CNE (Author), Jeffrey Kwong DNP MPH ANP-BC (Author), & 1 more.

### Teaching & Learning Methods


The methods of instruction may include, but are not limited to:

1. Lecture / discussion
2. Small group Discussion
3. Assigned textbook readings
4. Questions and answers
5. Handouts
6. Study questions and case studies.
7. White board.



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<b>Course Contents</b>		
<b>Week</b>	<b>Date</b>	<b>Topics</b>
<b>WK 1</b>		1- Select nursing concept <ul style="list-style-type: none"> <li>❖ Concept of chronicity               <ul style="list-style-type: none"> <li>• The phenomenon of chronic illness (definition &amp; causes)</li> <li>• Implication of chronicity</li> <li>• The chronic ill trajectory framework</li> <li>• Phases of chronic illness</li> <li>• The nursing process &amp; the trajectory framework in the care of chronic illness</li> </ul> </li> </ul>
<b>WK 2</b>		2- Nursing management of the client with cardiovascular disorders: <ul style="list-style-type: none"> <li>• Overview of the normal physiology and path physiology of the CVS</li> <li>• Overview of the nursing process of the CVS</li> </ul>
<b>WK 3</b>		<ul style="list-style-type: none"> <li>• Cardiovascular disorders</li> <li>• Congestive heart failure</li> </ul>
<b>WK 4</b>		<ul style="list-style-type: none"> <li>• Acquired valvular diseases of the heart</li> </ul>
<b>WK 5</b>		<ul style="list-style-type: none"> <li>❖ Peripheral Arterial Disorders: (Myocardial Infarction, Angina pectoris, Atherosclerosis.</li> <li>• Peripheral Venous Disorder;</li> <li>• Thrombophlebitis, Deep vein thrombosis, Varicose veins)</li> </ul>
<b>WK 6, 7</b>		<ul style="list-style-type: none"> <li>• Nursing management of clients with respiratory disorders:</li> <li>• Overview of the normal physiology and path physiology of the respiratory system</li> <li>• Pulmonary Embolism, pneumonia</li> </ul>
<b>WK 8, 9</b>		3- Nursing management pf patient with gastrointestinal disorders <ul style="list-style-type: none"> <li>• Overview of the normal physiology and path gastrointestinal disorders</li> <li>❖ Gastrointestinal disorders</li> <li>❖ Gastrointestinal reflux disorders</li> <li>❖ Gastric and duodenal ulcer</li> <li>❖ Appendicitis.</li> </ul>

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<b>WK 10, 11</b>		<p>4- Nursing management of patient with liver, biliary, and pancreatic disorder</p> <ul style="list-style-type: none"> <li>❖ liver, biliary, and pancreatic disorder</li> <li>❖ Liver cirrhosis</li> <li>❖ Cholecystitis and Cholelithiasis</li> </ul> <p>Overview of the normal physiology and path physiology liver, biliary, and pancreatic disorder</p>
<b>WK 12, 13</b>		<p>5- Nursing management of clients with neurological disorders:</p> <ul style="list-style-type: none"> <li>• Overview of the normal physiology and path physiology of neurological system</li> <li>• Meningitis</li> <li>• Cerebrovascular accident (CVA/ Stroke).</li> <li>• Head Injury.</li> </ul>
<b>Wk14</b>		<p>6- Nursing management of adult clients with musculoskeletal disorders</p> <ul style="list-style-type: none"> <li>• Overview of the normal structure and function of the musculoskeletal system</li> <li>❖ Common musculoskeletal problems <ul style="list-style-type: none"> <li>• Osteoporosis</li> <li>• Musculoskeletal infection</li> <li>• Osteomyelitis</li> <li>• Osteoarthritis</li> <li>• Fractures.</li> </ul> </li> </ul>
<b>Wk15</b>		<p>7- Nursing management of adult clients with Integumentary disorders:</p> <p>8- Nursing management of adult clients with Hematological and Immune disorders:</p> <ul style="list-style-type: none"> <li>• Disseminated intravascular coagulation (DIC)</li> <li>• AIDS.</li> </ul>
<b>Wk16</b>		Final Exam

## SIGNATURE PAGE FOR COURSE SYLLABUS

I have read and clarified the information in this course syllabus. I understand that failure to comply with the content of this syllabus, and/or meet the course objectives as stated in the syllabus, may result in failure of the course and dismissal from the program.

**Signature Date**----- **Print Name**-----

**Dr. Rana Al Awamleh**

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