

# Composition and antifungal activity of the essential oil of the root of *Ferula hermonis*

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## Introduction

The dried root of *Ferula hermonis* Boiss. (Umbelliferae) (Figure 1), a plant growing in the mountains between Lebanon and Syria, locally known as Zallouh root, is used in folk medicine to treat erectile dysfunction [1].

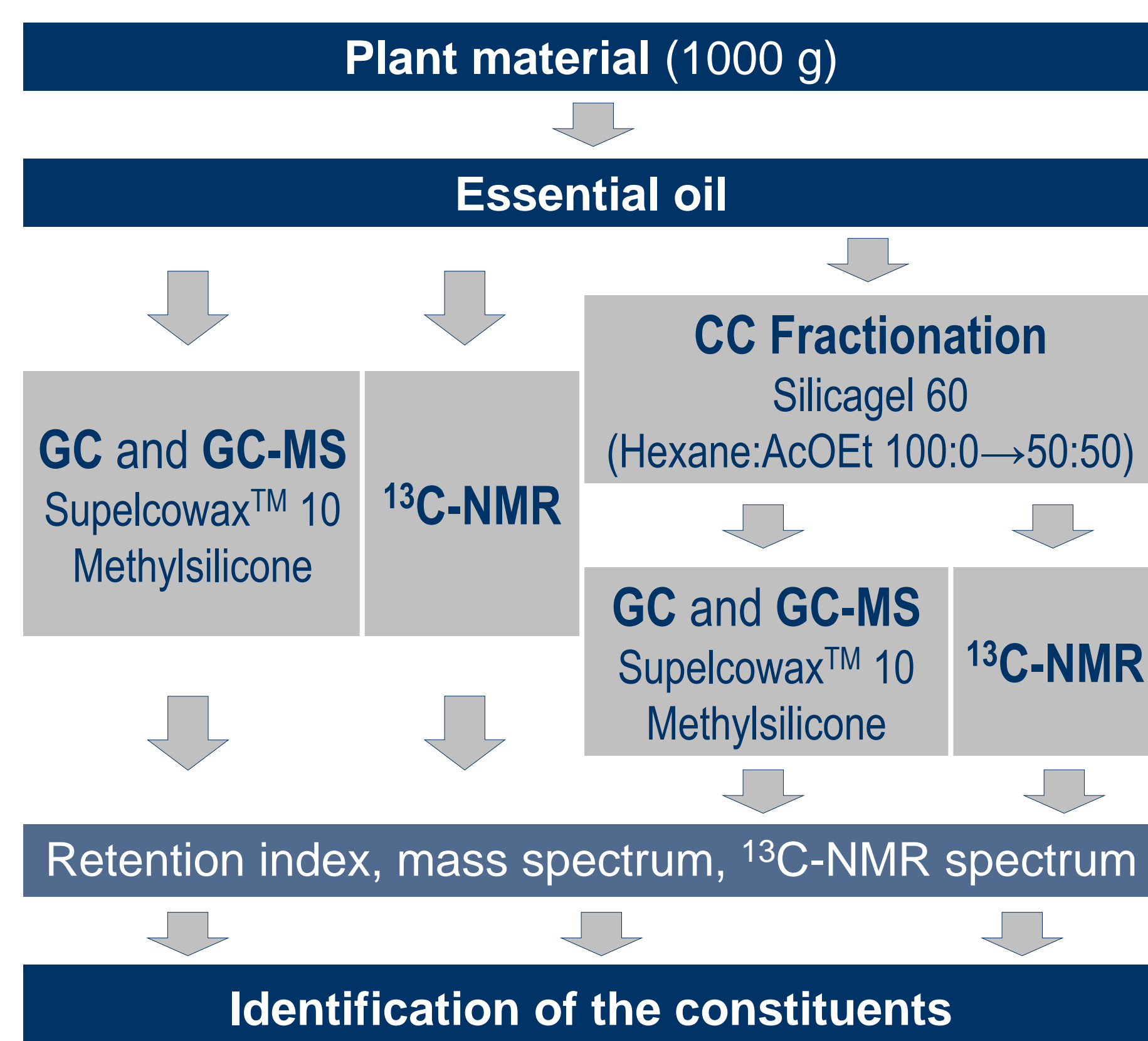
In the present work, the composition and the antifungal activity of its essential oil are described.

## Material and methods

### Plant material

Air-dried roots of *Ferula hermonis* were provided by The Jordanian Pharmaceutical Manufacturing Co. (Naor, Jordan).

### Essential oil analysis.

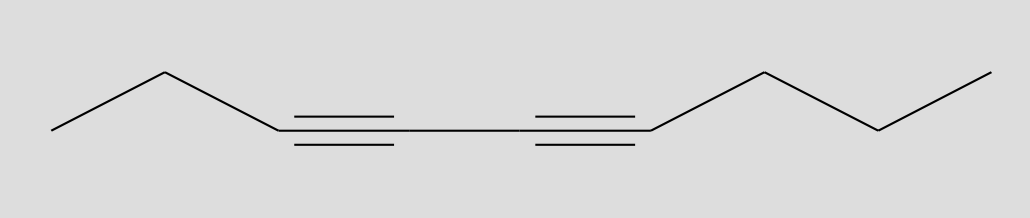


### Isolation and structure determination of 3,5-nonadiyne

Successive fractionation of the essential oil through silicagel 60 (0.035-0.070 mm) eluting with different gradient systems of hexane:AcOEt and final purification through Sephadex® LH-20 eluted with MeOH afforded the unknown compound **1** which represented 4.4% of the essential oil.

Structure elucidation of **1** was done using standard spectroscopic techniques, such as <sup>1</sup>H-RMN, <sup>13</sup>C-RMN, DEPT, H,H-COSY, HSQC, HMBC, EI-MS and CI-MS. It was identified as 3,5-nonadiyne.

**Compound 1:**  
3,5-Nonadiyne



### Antifungal activity

MIC and MFC values of the essential oil and its major constituent  $\alpha$ -pinene were determined by an agar dilution assay following the method described in [2]. Fungi were provided by Colección Española de Cultivos Tipo (CECT, Valencia, Spain). Nystatin and amphotericin B were used as positive controls.

## Acknowledgements

To AA Badwan (The Jordanian Pharmaceutical Manufacturing Co., Naor, Jordan) and TS El-Thaher (ARAGEN Biotechnology, Naor, Jordan), for providing plant material.

## Results

The composition of the essential oil is shown in Table 1 and its antifungal activity in Table 2.

**Table 1.** Essential oil of *Ferula hermonis* root.

Components	%	Components	%
$\alpha$ -Pinene*	43.4	$\gamma$ -Cadinene*	1.7
Camphene	0.2	$\delta$ -Cadinene*	1.5
Hexanal	0.1	ar-Curcumene*	0.6
$\beta$ -Pinene*	1.4	trans- $\alpha$ -Bisabolene*	0.5
Verbenene*	0.4	$\alpha$ -Cadinene*	t
3-Carene*	0.4	Myrtenol*	0.3
$\beta$ -Myrcene	0.2	cis-Calamenene	t
Limonene*	0.2	trans-Carveol*	0.2
p-Cymene	0.2	trans-Calamenene*	t
3,5-Nonadiyne*	4.4	Thymyl acetate	t
$\alpha$ -Cubebene*	0.2	$\alpha$ -Calacorene*	0.3
$\alpha$ -Copaene*	0.3	$\alpha$ -Copaene-11-ol	0.4
Daucene*	0.4	Selina-3,7(11)-diene*	t
$\alpha$ -Gurjunene	t	cis,trans-Farnesol	0.4
$\gamma$ -Gurjunene	0.3	Eudesmol	0.2
Aristolene*	0.2	Viridiflorol*	0.1
Pinocarvone*	0.2	Epicubenol*	t
cis- $\alpha$ -Bergamotene	t	trans-Daucen-8-en-4- $\beta$ -ol*	t
trans- $\alpha$ -Bergamotene*	0.4	Germacradien-11-ol*	t
$\beta$ -Elemene	0.3	$\alpha$ -Bisabolol oxide B*	1.0
$\beta$ -Gurjunene*	0.1	Spathulenol*	1.1
Terpinen-4-ol*	t	$\beta$ -Bisabolol*	t
Aromadendrene*	1.2	$\alpha$ -Bisabolol oxide A	0.9
Myrtenal*	0.3	T-Cadinol*	0.4
trans-Pinocarveol*	0.5	T-Muurolool*	0.1
cis-Verbenol*	0.6	$\alpha$ -Bisabolol*	11.1
trans- $\beta$ -Farnesene*	3.2	$\alpha$ -Cadinol*	0.1
trans-Verbenol*	1.9	$\beta$ -Eudesmol	t
$\beta$ -Cubebene	t	Myristicin	0.3
$\gamma$ -Muurolole*	t	Selin-11-en-4- $\alpha$ -ol*	t
Ledene*	0.2	Cadinadien-8-ol*	t
$\alpha$ -Terpineol*	t	10-Hydroxy- $\alpha$ -humulene*	1.3
Selina-4,11-diene*	1.0	Jaeschkenadiol angelate*	0.1
$\beta$ -Selinene*	0.5	Jaeschkenadiol*	1.9
$\alpha$ -Selinene*	0.4	Jaeschkenadiol benzoate*	1.2
$\alpha$ -Muurolole*	0.3	p-Cymene-8-ol	0.4
$\beta$ -Bisabolene*	1.1	$\gamma$ -Selinene	0.1
Bicyclogermacrene*	1.0	<b>Total identified</b>	<b>92.2</b>

Compounds are listed by elution order in the polar column except the last two, which were only detected in the methylsilicone column.

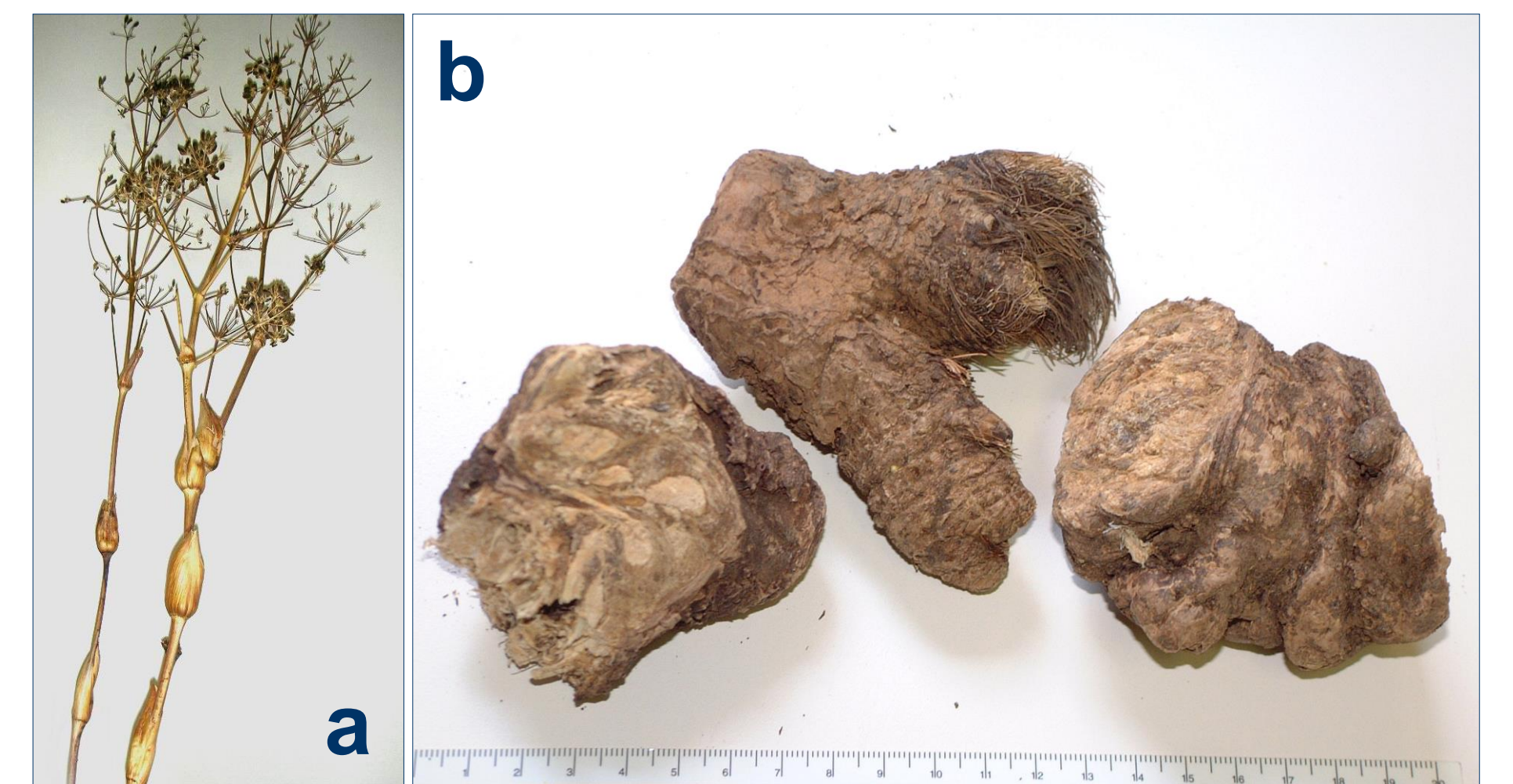
\* Identified by <sup>13</sup>C-NMR analysis of the total oil and/or after fractionation.

t: traces ( $\leq 0.05\%$ ).

**Table 2.** MIC and MFC ( $\mu$ g/ml) of the essential oil of *Ferula hermonis* root and  $\alpha$ -pinene.

Fungi	Essential oil <i>F. hermonis</i>		$\alpha$ -Pinene		Amphotericin B		Nystatin	
	MIC	MFC	MIC	MFC	MIC	MFC	MIC	MFC
An	na	na	na	na	4	0	2	0
Af	na	na	na	na	2	2	4	4
Pp	na	na	na	na	2	2	4	4
Tm	157	157	142	142	0.5	0.5	2	2
Ca	na	na	na	na	1	>16	2	>16
Cl	na	na	na	na	0.25	0.5	1	2
Sc	na	na	na	na	0.5	1	2	4

An: *Aspergillus niger*, Af: *A. fumigatus*, Pp: *Penicillium purpurogenum*, Tm: *Trichophyton mentagrophytes*, Ca: *Candida albicans*, Cl: *C. lactis-condensi*, Sc: *Saccharomyces cerevisiae*, na: not active.



**Figure 1.** *Ferula hermonis* Boiss.: plant (a) and root (b).

## Discussion

The roots of *Ferula hermonis* gave an essential oil yield of 1.5% (v/w).

GC, GC-MS and <sup>13</sup>C-NMR analysis of the total oil and the fractions obtained by CC allowed the identification of seventy five constituents, meaning more than 90% of the total sample (Table 1). From them, 54 compounds were identified as sesquiterpenes, whereas only 19 were monoterpenes.

The major constituent was  $\alpha$ -pinene (43.3%), followed by  $\alpha$ -bisabolol (11.1%), 3,5-nonadiyne (4.4%),  $\beta$ -farnesene (3.2%) and  $\delta$ -cadinene (2%).

The unusual constituent 3,5-nonadiyne has only been reported twice before, in the essential oils from the roots of *Selinum tenuifolium* [3] and *Cachrys ferulacea* [4] (Apiaceae) where it reached percentages higher than 80%.

The essential oils from aerial parts of several *Ferula* sp. have been the object of previous works; however, only few reports on the composition of the volatile oil from the roots are available in the literature. In some of them, the main constituents were monoterpene hydrocarbons such as  $\alpha$ - and  $\beta$ -pinene or 3-carene [5-7].

Results on the antifungal activity (Table 2) showed comparable values for the MIC and MFC of the essential oil (both, 157  $\mu$ g/ml) and  $\alpha$ -pinene (142  $\mu$ g/ml) against *T. mentagrophytes*. No activity against the other strains was detected up to 2.5 mg/ml and 2.3 mg/ml. Research of other active constituents of the essential oil is being performed currently.

## References

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