

# SHADI ALKHOB

## PHYSICAL REHABILITATION



## CONTACTS

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 shadi\_raul@hotmail.com

 Ramtha - Jordan

## SKILLS

### Personal Skills:

- Interpersonal skills
- Computer Skills (MS Office)
- Problem-Solving
- Hardworking
- Communication Skills
- Attention to details
- Positive Attitude
- Addressing Complaints Quickly

### Professional Skills:

- Trainer Skills
- Team Leader
- Positive and Self-Confidence

## LANGUAGES

**Arabic:** Native Speaker

**English:** Good at reading, writing, and speaking

**Russian:** Very Good at reading, writing, and speaking

## SUMMARY

A highly skilled and motivated person, holding a PHD in physical rehabilitation, seeking new opportunities based on a diverse range of skills and rich knowledge at my field. I am committed to continuous learning and growth, always seeking new opportunities to expand my knowledge and stay ahead of industry trends. Ready for a new professional challenge, I am excited to bring my skills, experience, and passion to a role where I can make a significant impact.

## WORK EXPERIENCE

### JERASH UNIVERSITY

*Oct.2022 - Present*

University lecturer - The Department of Physiotherapy

### TAKAFUL HEALTH CENTER

*Sep.2014 - Mar.2015*

Trainee at the department of physical therapy

sport injuries , spinal cord , fracture , N.C.P, C.V.A , low back Pain , injuries wars , rehabilitation after Surgery.

### ITTIHAD AL RAMTHA CLUB - THE JORDANIAN PROFESSIONAL LEAGUE

*Sep.2014 - Sep.2015*

Physiotherapist

Sport injuries ( muscle tension , infections , knee , foot , hands , rehabilitation all injuries,.....)

### ITTIHAD AL RAMTHA CLUB - THE JORDANIAN PROFESSIONAL LEAGUE UNDER 20 YEAR

*Jul.2013 - Sep.2013*

Physiotherapist

Sport injuries ( muscle tension , infections , knee , foot , hands , rehabilitation all injuries,.....)

### ITTIHAD AL RAMTHA CLUB - THE JORDANIAN PROFESSIONAL LEAGUE UNDER 16 YEAR

*Jul.2012 - Sep.2012*

Physiotherapist

Sport injuries ( muscle tension , infections , knee , foot , hands , rehabilitation all injuries,.....)

## EDUCATION

### PHD OF PHYSICAL REHABILITATION

Physical rehabilitation after the arthroscopic treatment of the "Turner triad" at athletes of sports games.

## MASTER'S DEGREE IN PHYSICAL REHABILITATION

National University of Physical Education and Sport - Ukraine  
Physical rehabilitation of patients with osteoarthritis of the knee - One year.

## BACHELOR'S DEGREE IN HUMAN HEALTH (PHYSICAL REHABILITATION)

Physical for fractures of the spine in sportsmen - Four years.

## CERTIFICATE EQUATION IN JORDAN BACHELOR PHYSICAL THERAPY.

## PRACTICING THE PROFESSION OF PHYSICAL THERAPY CERTIFICATE.

## PERSONAL CHARACTERISTICS

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- Excited Can cope in Difficult and Competitive Environments, Motivation and Efficiency.
- Cheerful and Helpful to Customers and Colleagues.
- Speech and Delicate Manners.
- Time Management, Confidence-Building and fit the Case of StaV Performance.

## RESEARCHES

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- Jafar Taisir Mohammad Al-Qur'an, **Shadi Abdelbaset Mohammad Alkhob**, Nikanorov O. Features of restoring special physical fitness of athletes in game sports with damage to the lower extremities. Youth Scientific Bulletin of the Lesia Ukrainka East European National University. 2017; 25: 94-8. Professional publication of Ukraine. The applicant's personal contribution is to set research objectives, define methods and summarize data. Contribution of co-authors - participation in the systematization of scientific literature.
- **Shadi Abdelbaset Mohammad Alkhob**, Ra'ad Abdul Hadi Mohammad Alwalvan, Nikanorov O. The importance of the preoperative period in the restoration of motor function after traumatic injuries of the lower extremities. Youth Scientific Bulletin of the Lesia Ukrainka East European National University. 2017; 26: 87-91. Professional publication of Ukraine.
- Jafar Taisir Mohammad Al-Qur'an, **Shadi Abdelbaset Mohammad Alkhob**, Nikanorov O. Study of the impact of a comprehensive physical rehabilitation program on the indicators of the tone of the quadriceps femoris in athletes with traumatic injuries of the lower extremities. Youth Scientific Bulletin of the Lesia Ukrainka East European National University. 2017; 27: 110-5. Professional publication of Ukraine.
- **Shadi Abdelbaset Mohammad Alkhob**, Jafar Taisir Mohammad Al-Quran, Nikanorov O. Modern ideas about the integrated use of rehabilitation tools in physical rehabilitation programs for athletes with injuries of the lower extremities. Sports medicine and physical rehabilitation. 2018; 1: 78-84. Professional publication of Ukraine, which is included in the international scientometric database Index Copernicus.
- **Shadi Abdelbaset Mohammad Alkhob**, Nikanorov O, Lutsky V. The effectiveness of a comprehensive program of physical rehabilitation in athletes of game sports after arthroscopic treatment of the "Turner triad" (on the example of the study of recovery of special physical fitness). Youth Scientific Bulletin of the Lesia Ukrainka East European National University. 2018; 29: 150-6. Professional publication of Ukraine.