



# **CURRICULUM VITAE**

## **PERSONAL DATA:**

**Name:** Fatma Mahmoud Mohamed Elemary.  
**Nationality:** Egyptian.  
**Religion:** Moslem.  
**Date of birth:** 18/12/1969  
**Marital status:** Married and have two daughters and one son.  
**Address:** 13<sup>th</sup> Ahmed Ibrahim street ,Elnour tower. In front of faculty of education for males, Giza, Egypt.  
**Mobile :** 00201064040789(Egypt)  
**Mobile :** 00962788831822- 00962796939558 (Jordan)  
**Email:** Fatmaelemary@yahoo.com  
**Current Job:** Associate Professor of Psychiatric-Mental Health Nursing Specialty, Faculty of Nursing, Ain Shams University.

## **EDUCATION:**

**PhD of psychiatric mental-health nursing specialty, faculty Of -I Nursing, Ain Shams University on 2001 with the following data:**

### **Title:**

***AN INTERVENTION PROGRAM FOR NURSES CARING FOR PSYCHIATRIC PATIENTS FOR ALLEVIATION OF THEIR OCCUPATIONAL STRESS.***

## **SUPERVISORS:**

- 1-Prof. Dr. Zeinab Loutfi.
- 2-Prof. Dr. Mohamed Ghanem.

*3-Assistant Prof.* Dr. Omayma Abu Bakr.

## **REFEREE**:

1-*Prof. Dr.* Zeinab Loutfi.

2-*Prof. Dr.* Yousri Abd Elmohsen.

3-*Prof. Dr.* Nawal Soliman.

Professor of public health nursing, faculty of nursing, Ain  
Shams university.

**II- M.sc in nursing science, psychiatric mental health specialty, faculty  
of nursing, Ain shams university on 1998 with the following data:**

## **Title**:

***SELF-CARE AND INTERPERSONAL RELATION  
THEORETICAL FRAMEWORK FOR APPLICATION IN  
PSYCHIATRIC NURSING PRACTICE.***

## **SUPERVISORS**:

1-*Prof.Dr.*Zeinab Loutfi

Dean of faculty of nursing, Ain Shams University.

2-*Prof.Dr.*Mohamed Ghanem

Professor of Psychiatric medicine, faculty of medicine, Ain  
Shams University.

3-*Assistant professor.* Dr. Omayma Abou Bakr Osman

Assistant professor of psychiatric nursing, faculty of  
Nursing, Ain Shams University.

## **REFEREE**:

1-*Prof. Dr.* Zeinab Loutfi

Dean of Faculty of Nursing, Ain Shams University.

2-*Prof. Dr.* Yousri Abd Elmohsen

Professor of psychiatric medicine, faculty of medicine, Cairo University.

**3-Prof. Dr. Mohamed Ghanem**

Professor of psychiatric Medicine, faculty of medicine, Ain Shams University.

**4- Prof. Dr. Fatma Hamdi**

Professor of nursing service administration, faculty of nursing, Ain Shams University. *With result of excellent degree.*

**III- B.sc of nursing science from the faculty of nursing, Ain Shams University on May 1991 with general grade "very good"**

**PROFESSIONAL EXPERIENCE:**

1-More than (6) years of professional experience working as a clinical instructor in the faculty of nursing, Ain shams university (1992-1998). **(Egypt).**

2-From 1998 to 2002 works as assistant lecturer in psychiatric nursing specialty, faculty of nursing. Ain Shams University. **(Egypt).**

3-From 2002 to 2005 works as lecturer in psychiatric nursing specialty, faculty of nursing, Ain Shams university **(Egypt).**

4-From 2005 to 2007 works as Assistant professor in psychiatric nursing specialty, faculty of nursing, Applied Science Private University. **(Jordan)**

5-From 1/9/2007 to until 2012 works as Assistant Professor then works as Associate Professor of psychiatric nursing specialty, faculty of nursing, Al-Ahilya Amman University. **(Jordan)**

-From 1/9/2012 to until 2013 works as Associate Professor of psychiatric nursing specialty, faculty of nursing, Irbid National University. **(Jordan)**

-From 1/10/2013 until now works as dean of the faculty of nursing, Jerash University. **(Jordan)**

**SCIENTIFIC ACTIVITIES:**

**I Had Participated In The Following Activities:**

- 1- Workshop Staff Development in Psychiatric nursing practice march 12-13<sup>th</sup> 1996, Faculty of Nursing, Cairo University. Psychiatric mental-health nursing Department in conjunction with the Japanese technical Cooperation project
- 2- Educational Course for Preparing The Instructors and Assistant Lecturers 30<sup>th</sup> August To 12<sup>th</sup> September 1996 at Ain Shams University in Faculty of Laws.
- 3- English Comprehension Level July 24<sup>th</sup> 1997 at defense language institute ministry of defense.
- 4- English for Junior Staff Members and Graduate Student Course 1<sup>st</sup> October 1997-30<sup>th</sup> December 1997Ain Shams University Center for Development English Language Teaching In Faculty of Education.
- 5- Seminar About Of Caregivers Have Patients with Alzheimer Disease April 28<sup>th</sup> 1999.In Continuing Nursing Education Committee at Faculty of Nursing in Ain Shams University.
- 6- Workshop About Inter Personal Therapy November 16<sup>th</sup> 1999 in Continuing Nursing Education Committee at the Faculty of Nursing, Ain Shams University.
- 7- Congress 15-17 February 2000 under The Sponsor of Mrs. /Susan Mubark and This Is About Psychiatry and Mental Health Services in a Coming Century.
- 8- The 5<sup>th</sup> annual Conference of the general organization for teaching hospitals And institutes: family doctor disability control 22-23 Nov,2000 Cairo.
- 9- Workshop Concerning With A National Policy for Treatment of Addiction in Egypt, Under The Auspices of His Excellency the Ministry Of Health And Professor Dr. Mohamed Awad Tag El-Din and the General Secretary of Mental Health in Collaboration with UNDCP At 17<sup>th</sup> March 2002 to 20<sup>th</sup> March 2002.

10- Workshop on Evidence Based Medicine And Nursing Research on the 24<sup>th</sup> Of April 2002 At The Faculty of Nursing Ain Shams University with Development Training USAID Program.

11-The 7<sup>th</sup> Annual Conference of G.O.T.H.I in 26-30 October 2002.

12-Had Actively Participated By Talk and Attended In The Scientific Activities of Pan Arab Conference for the Study of Diabetes 14-17 January 2003 Cairo-Egypt.

13-Had Successfully Completed the Course of Windows 95

From 18/10/1998 to 10/11/1998 with a Very Good Grade.

14- International Congress on Psychiatry Update in March 19-21, 2003, Cairo-Egypt.

15- Seventh Pan Arab Conference On Diabetes In 25-28 March 2003 Cairo, Egypt.

16-Had Prepared And Organized the Eleventh Training Program

About Assessment and Training of the Families Of Alzheimer Patients in 2-3 April, 2003, Cairo Egypt.

17- Conference about Stress and Crisis Intervention in the Health Facilities, Under the Auspices of His Excellency the General Secretary Mr. Amer Mousa at 21<sup>st</sup> April 2003.

18-Had contributed to conducting Mental Health Nursing

Capacity Building Training Program organized by General Secretariat of Mental Health in collaboration with Mental Health Program during the period January-April 2003.

19- The Twelfth Training Program About supporting the Families of Alzheimer Patients in 29-30 July 2003, Cairo, Egypt.

20- Scientific Activities of the Congress Program as A Member in the Organizing Committee In The Seventh International Nursing Congress (First Medical / Nursing Psychiatric Congress) Toward Mental Health And Quality Life in October, 18<sup>th</sup> – 20<sup>th</sup>, 2003, Cairo, Egypt.

- 21- Organization the Thirteen Training Program about Caring For the Families of Alzheimer Patients in 31/12/2003 to 1/1/2004 Cairo, Egypt.
- 22- Workshop about Research Design at 26<sup>th</sup> February 2004, Cairo, Egypt.
- 23- Emergency Situations During Caring the Alzheimer Patients in 3 to 4 March 2004,Cairo Egypt.
- 24- Organization the Workshop Concerning Stress Management in 20/3/2004 Egyptian Medical Syndicate Cairo, Egypt.
- 25-The 8<sup>th</sup> Pan Arab Conference on Diabetes and Joined the Faculty of the Conference and Has Presented A Paper Titled" depression in people with diabetes mellitus in 23-26 march 2004 Cairo, Egypt".
- 26- Workshop on Lipids and Obesity on 8<sup>th</sup> Pan Arab Conference on Diabetes 23-26 March 2004 Cairo, Egypt.
- 27- Workshop on Diabetic Foot on 8<sup>th</sup> Pan Arab Conference on Diabetes 23-26 March 2004, Cairo, Egypt.
- 28- Organization the Scientific Seminar Concerning "Milk Is Nourishment and Medicine" For The Students of the Faculty of Nursing Ain Shams University, In 25/2/2004 to 25/4/2004 Cairo, Egypt.
- 29- Organization in the Scientific Event "Health Promotion for Female Adolescent" In May 9<sup>th</sup> 2004 Cairo, Egypt.
- 30- Workshop Concerning "Written Examination: Basis and Guideline for Preparation" in 16-17/5/2004, Cairo, Egypt.
- 31-Had Participated Actively By Talk in the Third Annual Congress of the Pediatric Department, Minoufiya University, June 3-2004-Nile Hilton Hotel, Cairo, Egypt.
- 32- Preparation and Coordination the Fifteen Training Session about "Integrated Services For Patients with Alzheimer and Their Families" In 26-27/6/2004, Cairo, Egypt.
- 33- Diabetes and the heart conference that held on September 22-23, 2004, Cairo, Egypt.

- 34- Scientific research session that relevant to the faculty and leadership development project and held on December 7-9, 2004, Cairo, Egypt.
- 35- Organization the workshop "Evidence-Based practice concept and application in Nursing" March,5-2005, Cairo, Egypt.
- 36- Diabetes Educational workshop that held March, 22-24, 2005, Cairo, Egypt.
- 37-The 9<sup>th</sup> Pan Arab conference on Diabetes and Joined the faculty of the conference and has presented paper Titled "Effectiveness of behavior modification for individuals with type 2 diabetes mellitus" in March, 22-24, 2005, Cairo, Egypt.
- 38-Workshop on "Interactive workshop (Nurses) stresses & coping strategies of parents with critically ill children" that was held on Friday 1 April, 2005, Cairo, Egypt.
- 39-Organization the workshop concerning "Nurses and sexual health" that was held on May, 5, 2005, Cairo, Egypt.
- 40-Had Attended in the new trend in Education that relevant to  
The faculty and leadership development project and was held  
On May, 28-31, 2005, Cairo, Egypt.
- 41-Organization the workshop concerning "Psychosocial aspects of adolescents" that was held on July, 2, 2005, Cairo, Egypt.
- 42-Had Attended in the eighteen training program about  
Alzheimer patient haven't embarrassment that was held on July, 9-10, 2005, Cairo, Egypt.
- 43-Had attended in the Effective presentation skills session that relevant to the faculty and leadership development project that held on July, 25-28, 2005.
- 44-Organization the workshop concerning types of variables and presentation of data that held on August, 1-2, 2005.

- 45- Organization the First Obstetrical and Gynecological Nursing Congress, (Reflection of Population Problems on Women Health) September, 4<sup>th</sup>-5<sup>th</sup>, 2005.
- 46-Had attended the conference workshops (Diabetes & Obesity), (Diabetes & CCU), (Diabetes & Hypertension) that held on September, 7-8, 2005.
- 47-Had attended the conference of Diabetes and the Heart and has presented A paper titled "Prevention and Psychological Intervention for Diabetic patient with Cardiovascular Complication" in 7-8 September 2005, Cairo, Egypt.
- 48-Had passed the Examination of ICDL Courses which held from 14/11/2005 to 27/12/2005.
- 49- Had attended in the preparing; writing and publishing paper that relevant to the faculty and leadership development project and was held on August, 5-7, 2006, Cairo, Egypt.
- 50-Had attended in the session of using technology in the teaching that relevant to the faculty and leadership development project and was held on August ,22-24,2006 ,Cairo ,Egypt.
- 51-Workshop concerned with Spiritual Responses to Illness: Implication for nurses that conducted in Jordan University of Science & Technology ,Faculty of Nursing and was held on September ,20-21 ,2006 , Amman ,Jordan.
- 52-Measurement and evaluation that conducted in Applied Science University and was held on 17-21/9/2006, Amman, Jordan.
- 53-Had attended the First National Scientific Day that held by Faculty of Nursing Titled "Science –Care –Excellence " conducted in Faculty of Nursing ,Applied Science University ,and was held on 13<sup>th</sup> November ,2006 ,Amman ,Jordan.
- 54-Had successfully completed the requirements of "Basic Life Support Course" that held at Applied Science University on 25 June 2007.



55- Organization the First Scientific Day that held by Faculty of Nursing Titled "Advanced Care in Diabetic Management" conducted in Faculty of Nursing, Al-Ahilyya Amman University, and was held on 13<sup>th</sup> April, 2009, Amman, Jordan.

56- Had attended in the session of time & meeting and work stress management that relevant to the faculty and leadership development project and was held on August, 22-24, 2009, Cairo, Egypt.

57- Had attended the scientific day " Patient Safety Is the Ultimate Goal" conducted in Faculty of Nursing, Isra University, and was held on 11<sup>th</sup> March, 2010, Amman, Jordan.

58- Had attended the Third International Conference " The Heart of the Matter: Relevance of Nursing Responsiveness" that was conducted through activity of The Jordanian Nursing Council, and was held on 27<sup>th</sup> -28<sup>th</sup> April, 2010, Amman, Jordan.

59- Had presented the paper titled "Burnout and Coping Patterns Among Family Members of the Mentally Retarded Child" that was conducted through activity of The Jordanian Nursing Council, and was held on 27<sup>th</sup> - 28<sup>th</sup> April, 2010, Amman, Jordan.

60- Organization and coordination of the Second Scientific Day that held by Faculty of Nursing Titled "Recent Issues of Nursing in Jordan" conducted in Faculty of Nursing, Al-Ahilyya Amman University, and was held on 5<sup>th</sup> May, 2010, Amman, Jordan.

61- Had attended the first regional conference " Nutrition, Disability and Mental Health" that was conducted in collaboration between Arabia Amman University and World Health Organization and was held in 12<sup>th</sup> - 13<sup>th</sup> October, 2010, Amman, Jordan.

62- Had attended the Second Scientific Day " Nursing research: promoting quality in education and practice" conducted in Faculty of Nursing, Isra University, and was held on 12<sup>th</sup> April, 2011, Amman, Jordan.

63- Organization and coordination of the Third Scientific Day that held by Faculty of Nursing Titled "Pain management" conducted in Faculty of Nursing, Al-Ahilyya Amman University, and was held on 28<sup>th</sup> April, 2011, Amman, Jordan.

64- Had attended the Conference of children rights that titled" toward safe environment free of violence, risk assessment, prevention, working on violence accident against children", that was held 15<sup>th</sup> November, 2011 Isra University, Amman, Jordan.

65- Workshop on 'Best Practices in Nursing Education" held at the Faculty of Nursing, Zagazig University, on 7<sup>th</sup> of September 2011.

66- Had role & contribution in the tasks of the quality assurance committee Al-Ahilyya Amman University during academic year 2009-2010 and 2011-2012.

67- International conference about psychiatric medicine with talk that titled " drug adherence among psychiatric patients" was held on 6-8<sup>th</sup> June, 2012, Amman, Jordan.

68- Had attended the Scientific day of the faculty of Nursing, Jordanian University that entitled 'Advances in Diabetic Foot Care", was held on Sunday 27<sup>th</sup> Jan 2013.

69-Had attended the Third Scientific Day" Nursing Education and Practice: Challenges and Suggested Remedies " conducted in Faculty of Nursing, Isra University, and was held on 11<sup>th</sup> April, 2013, Amman, Jordan.

70-Had attended the Scientific Day "The Role of Health Care Providers in Family Violence" conducted in Faculty of Nursing, Jordanian University in collaboration with the National Council for Family Affairs and was held on On Sunday, April 21<sup>st</sup>, 2013.

71-Had attended the Fourth International Conference " The Tipping Point: Creative Solution to Health and Nursing Challenges" that was conducted

through activity of The Jordanian Nursing Council, and was held on 23<sup>th</sup> - 24<sup>th</sup> April, 2013, Amman, Jordan.

72- Workshops that was conducted through activity of The Jordanian Nursing Council, and was held on 23<sup>th</sup> -24<sup>th</sup> April, 2013, Amman, Jordan.

73- Had attended in 11<sup>th</sup> International Nursing Conference of the Faculty of Nursing, in Shams University that entitled" Health Challenges and Quality of Life" in Collaboration with the Scientific Society of Arab Nursing Faculties and Kennesaw State University, U S A, was held on 29-30<sup>th</sup> April,2013.

74- Had attended the Fourth Scientific Day "The Role of Research in Nursing Service" conducted in Faculty of Nursing, Jerash University, and was held on On Thursday, May 9<sup>st</sup>, 2013.

75- Had attended and participated in the 19<sup>th</sup> Scientific <sup>day</sup> of Nursing and the 1<sup>st</sup> Scientific day of the Academy of Royal Medical Services Jordanian 'Optimizing Nursing Care through Effective Communication" that was held on 9<sup>th</sup> October, 2013, Amman, Jordan.

76- Had attended in the scientific day of Faculty of Nursing, Jordanian University that entitled 'Autism: Toward more challenges 'in collaboration with Autism Academy of Jordan that was held on Wednesday 2<sup>nd</sup> April, 2014.

77- Had attended the scientific day of Faculty of Nursing, Mutah University that entitled 'Women & Child Health Safety Life Journey" on Wednesday, 16<sup>th</sup> April, 2014.

78- Had organized fifth scientific day of Faculty of Nursing, Jerash University that entitled 'Application of nursing process and quality of health care' and was held on On Thursday24 April, 2014, Jordan.

79- Had attended the Scientific day of the faculty of Nursing, Jordanian University that entitled 'Advances in Diabetic Foot Care", was held on Sunday 27<sup>th</sup> April, 2014.

80-Actively participated in participated in the scientific conference of the National Committee for Education, Culture and Science that entitled 'the ethics of medical research and strengthen the role of young researchers' during the period 29-30/4/2014

81- Had attended the 9<sup>th</sup> scientific day of the Faculty of Nursing, Zaytoonah University that entitled" Utilization of Nursing Research in Jordan" on 22<sup>nd</sup> May, 2014.

## **TEACHING WORKING FIELD:**

1-Teaching the Subject of Psychiatric Nursing for the Fourth Year Students in the Faculty of Nursing, Ain Shams University.

2-Teaching the Subject of Psychiatric Nursing For The Postgraduate Students (Master Degree) In the Faculty Of Nursing, Ain Shams University from 2002 until 2005.

3-Had Taught the Subject of Psychiatric Nursing And Medicine for the Secondary Students in the Imbaba Technical Health Institute during Academic Year 2002-2003

4-Had Taught the Subject of Project for the Secondary Students in the Imbaba Technical Health Institute During Academic Year 2002-2003.

5-Had Taught the Subject of Project for the Secondary Students in the Heliopolis Technical Health Institute During Academic Year 2003-2004.

6-Teaching the Subject of Research and Psychological Problems in Egypt for Postgraduate Students (Master Degree) In The Faculty of Nursing, Ain Shams University From 2003 Until 2005.

7-Had taught the Subject of Psychiatric Nursing and Medicine for the secondary students in the technical Health Institute the Naser institute during the academic year 2004-2005.

8-Had taught the subjects of Psychiatric Nursing( Theory , Practice) & Human relation and Mental Health &( Theory ,Practice) Nursing Administration( Practice ) and Fundamental of Nursing ( Practice) in the Faculty of Nursing ,Applied Science University during the academic year 2005-2007.

9-Had taught the subjects of Psychiatric Nursing( Theory , Practice) & Communication in Nursing , Nutrition, Health education, Geriatric nursing in the faculty of Nursing , Al-Ahilyya Amman University during the academic year 2007-2012

10- Had taught the subjects of Psychiatric Nursing (Theory, Practice) &Human Relation &Mental Health in Nursing, Fundamental Nursing, Health Promotion and Health Education, Trends and Ethics In Nursing, Infection Control and Quality Control in Irbid National University during the academic year 2012-2013.

11- I held position of head of department of nursing in Jerash University during year 2015-2016

12- Currently in addition to administrative load of deanship, I teach subjects of Psychiatric Nursing (Theory, Practice), Communication skills in nursing, Health education Medical and Nursing Terminology, Clinical Nutrition in Jersah University during the academic years 2013-2014&2014-2015&2015-2016&2016-2017&2017-2018&2018-2019.

### **Other Areas of Scientific Activities:**

1 -Supervision on master thesis for the Postgraduate Students from March 2003.

#### **2- Reviewing the following papers:**

- Impact of Psychosocial, Economic, and Political Stressors on Low Birth Weight following Siege of Gaza Strip in Early 2006: A Matched Case-Control Study.

3- Membership in the Editorial Commission of ElBalqaa Magazine, during academic year 2011-2012.

4-Membership in the Scientific Society of Arab Nursing Faculties and in the strategic committee derived from the society.

**Scientific Researches that published and accepted for publication**

1-Elsayed,I.**Elemary,F.**AbdElaziz,H(2008):Effect of Educational Support for Children with Thalassemia on Enhancement of Their Quality Of Life. New Egyptian Medical Journal 39(6).

**2- Elemary,F.(2009):** Mental Health Nurses' Perspectives about Risk Factors for Psychiatric Patients' Nonadherence with Psychotropic Medication Regimen. .New Egyptian Medical Journal 40(1).

**3- Elemary,F.**Aboelgamelen,H.(2008): Life Event Stressors and Behavior Problems in School-Age Children. New Egyptian Medical Journal(**39**)**6**.

**4- Elemary,F.**Hamadi,H.(2009): Knowledge and Drug Attitude towards Neuroleptics among out-patients with schizophrenia. .New Egyptian Medical Journal 40(2).

**5- Elemary,F.** AbdElaziz,H,AbuHashish,M.(2007): Assessment of Burden and Reaction in Nurses Providing a Palliative Care for Children and Adult Having Cancer.New Egyptian Medical Journal 37(4).

6-ElShahat,A.Lotfi,Z.Mohammed,A. **Elemary,F.(2010):** Burn-Out and Coping Patterns among Family Members of Mentally Retarded Child.Third International Conference for Jordanian Nursing Council.April,2010.

7- ElAtribi,R.Ramadan,T.Mostafa,N. **Elemary,F.(2008)**Psychosocial Stressors and Coping Patterns among Students in the Faculty of Nursing Mansoura University. New Egyptian Medical Journal 39(5).

8- AbdElaziz,H.Helmi,N. **Elemary,F.(2009):**Effect of antipsychotic drug adherence on psychiatric symptoms intensity and social skills among schizophrenic patients. Accepted.

**9- Elemary,F.**Aboelgamelen,H.Hamdi,H.(**2011**):Correlation between Caregivers' Burnout and Elderly Psychological Abuse. Journal of American Science,7(1).

**10- Elemary,F.**Basiuoni,N.(2010):Impact of Maternity Nurses' Attitudes and Beliefs toward Abortion Patients on Physical and Psychological Care from the Women's Perspectives. New Egyptian Medical Journal, May, 2010.

11- **Elemary,F.** **Elbahnasawy,H.**(2014): Dental cognition & Anxiety Related to Dental Treatment in Younger &Older Children.International journal of caring sciences.7(1)

12- **Elenary,F,Al Omari ,O, Wynaden,D(2016):** Adolescents' perception of interparental conflict and accompanied emotional security,journal of nursing education and practice .6 (5)

13- **Elenary,F, EL Nagar,S.(2017):**Vertical Violence among Faculty Nursing Students Experienced in Health Care Settings during Their Clinical Learning.IOSR Journal of Nursing and Health Science (IOSR-JNHS).6 ( 3)

## ***LANGUAGES***.

ARABIC: Original Language

ENGLISH: Very Good Writing, Reading, Spoken.

*Thank you*

*Your faith fully DR: FATMA EL-EMARY*