



CAREER OBJECTIVE

Certified Physical Therapy Physician seeking employment where my skills in administering active and passive manual exercises will be utilized for the well-being of patients. I'm Offering skills in procedures for physical therapy and easy communication skills with patients in the role of a Physical Therapist. Provides compassionate service and respects the personal dignity of patients, the public, and co-workers in a spirit of cooperation. Evaluates, develop and implement individual Physical Therapy programs for patients suffering from the effects of physical impairment, disability or handicap in order to a) restore, improve and maximize patient mobility and independent functioning within their physical limitations/ disabilities, b) increases strength and decrease pain, and assist patients in learning and regaining skills needed in the performance of activities of daily life.

NERMEEN KAREEM EID

Assistant professor of physical therapy



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Address

Giza 6th of October

Jordan Amman

PERSONAL INFO

- Date of Birth : March 21, 1986
- Religion : Muslim
- Civil Status: Married
- Citizenship: Egyptian

LANGUAGE SKILLS

Arabic

English



SKILLS

- Computer proficiency.
- Leadership experience.
- Communication skills.
- Organizational know-how.
- Collaboration talent.
- Problem-solving abilities.

EDUCATION

Doctoral degree in department of physical therapy for woman health.

GPA 3.23 Cumulative Cairo University 2017-2021

Master's degree in department of physical therapy for woman's health.

GPA 2.17 Cumulative Cairo University 2013-2015

Bachelor's Degree in Physical Therapy

GPA 3.01 Cumulative 2003-2007

Percent 80.10% in semester Spring 2007

Must University for Science and Technology, Certified by Cairo University

WORK EXPERIENCE AT ACADEMIC FIELD

- Assistant professor of physical therapy at Jarash Uni, Jorden
- Lecturer of manual therapy courses, hydrotherapy courses, and recovery courses at Be Active Academy
- Lecturer of physiotherapy courses at the Golden Academy
- Published research
- Effect of foot reflexology on perimenopausal mild hypertension
- magazine fizjoterapia polska

PERSONAL SKILLS

- Communication - Active Listening, Assertiveness, Educating Family Members and Caregivers Regarding Therapeutic Routines, Explaining Exercises and Therapies to Patients, Instructing Patients about the Use of Treatment Equipment, Instructing Patients on Use of Adaptive Devices like Walkers, Crutches, or Canes and Interacting with Patients of Different Ages, Races, and Socio-Economic Backgrounds
- Compassion - Encouraging Patient Participation with Tasks and Therapies, Interpersonal Skills, Motivating Patients, Overcoming Patient Resistance to Therapies, Relating to Disabled Patients, Remaining Calm with Distressed Patients and Tolerating Patient Setbacks or Lack of Progress
- Multitasking – Applying Diagnostic Muscle, Nerve, Joints, and Functional Abilities Tests, Compiling Discharge Reports, Following Directions from Physical Therapists, Maintaining Equipment, Reading and Comprehending Patient Information and Treating Multiple Patients at the Same Time
- Physical Stamina – Administering Traction to Relieve Neck and Back Pain, Applying Manual Resistance to a Patient's Limbs or Trunk During Exercises, Demonstrating Exercises to Patients, High Energy Level, Performing Passive Stretch with Participants and Performing Therapeutic Massage

COMPUTER SKILLS

- Windows and Office tools (MS Word, Excel and Power Point)
- Statistic Program PRISM
- ICDL

COURSES

- Aquatic therapy workshop Cupping therapy.
- New Horizon physiotherapy Management of spinal Deformities & obesity sequelae.
- Updated in Obesity from Causes to management.
- Back Management (Sabahi Technique& Manipulation)
- Osteopathic Technique for Back pain & viscera
- Aesthetic Medicine & Laser.
- Mechanical consideration in Management of musculoskeletal disorders.
- Manual Therapy Approaches in Treatment of the Lumbar Spine
- Introduction to general osteopathic treatment
- Introduction to the global fascia approach

WORK EXPERIENCE IN PRACTICAL FILED

MANAGER OF PHYSICAL AT GOLDEN PHYSICAL THERAPY

2017 to 2022

- Discussing with other healthcare professionals to plan and apply the physical therapy sessions

PHYSICAL THERAPY PHYSICIAN AT SENOESS GOVERNMENTAL HOSPITAL

2013 to 2022

- Responsible for administering physical exercises, massages and tractions to relieve patients from pain and assist to gain their strength

PHYSICAL THERAPY PHYSICIAN AT . TAMIA GOVERNMENTAL HOSPITAL

2010 to 2013

- Responsible for discharging the patients after their treatment goals have been achieved

PHYSICAL THERAPY PHYSICIAN AT MAGDY ARAFA PHYSICAL THERAPY CENTER IN FAYOUM

2011 to 2013

- Track the effects of Physical therapy treatment at various treatment stages and modify the plans for better results

PHYSICAL THERAPY PHYSICIAN AT BINE SUIF GOVERNMENTAL HOSPITAL

2009 to 2010

- Documenting data for preliminary examination and evaluating this data