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| **Manar Abu-abbas** | |
|  | **Assistant professor in Nursing Science** |
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**INTRODUCTION**

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| I am a proficient specialist in maternal and child health nursing with 14+ years of experience in the clinical area, management, quality, continuing education programs, electronic health services (HAKEEM) and nursing practice in midwifery and child health. In addition, I possess unique multiple abilities in education and training, research, SPSS data analysis and accreditation preparation… hard worker and able to work under the stressful situations.  Currently, I am an assistant professor at Jerash private university and I was the head of the quality department in the 1st Accreditation of Al-Yarmouk Governmental Hospital in 2016. |  |

**PERSONAL INFORMATION**

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| * Birth Date: 26 June 1986 | * Marital Status: Married |
| * Gender: Female | * Irbid city, Jordan |
| * Nationality: Jordanian | * Languages: English and Arabic |
| * E-Mail: [manarjust86@yahoo.com](mailto:manarjust86@yahoo.com) [Manar.Abu-abbas@jpu.edu.jo](mailto:haitham.khatatbeh@jpu.edu.jo) | * Phone number: +962772104652 |

**EDUCATION**

**(2018-2022)**

**PhD- Nursing Science, Thesis Philosophy in Nursing Science, THE UNIVERSITY OF JORDAN**

**Amman, Jordan**

**(2014)**

**M.S c- Nursing Science, Thesis, Maternal and Child Health Nursing, JORDAN UNIVERSITY OF SCIENCE AND TECHNOLOGY**

**Irbid, Jordan**

**(2008)**

**Bachelor- Nursing Science, JORDAN UNIVERSITY OF SCIENCE AND TECHNOLOGY**

**Irbid, Jordan**

**(2003/2004)**

**Secondary School Certificate (Tawjihi), Irbid- Jordan, Rating (93.1%) Jordan University of Science and Technology, Irbid, Jordan**

**KEY SKILLS**

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| * Nursing education. * SPSS. * Lectures and PowerPoint preparation. * Microsoft Office programs * Excellent English language- ILTS * Web and technology * SPSS Data analysis * Problem solving * Team leadership * Proficient manager * Driving license * Exam preparation. * Academic & health quality improvement. | * Quantitative and qualitative research. * Systematic reviews. * Staff training. * Pediatric critical care nursing. * Student evaluation. |

**EXPERIENCE**

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| 1. **ACADEMIC EXPERIENCE**   **Assistant professor, Faculty of Nursing in Jerash University**  **Key Responsibilities:**   * + Quality & Academic Accreditation.   + Lectures preparation.   + Exam constructing and marking.   + Counseling of nursing students.   + Students evaluation.   + Research conduction and publication.   **Courses Taught:**   * + Maternity and newborn`s health nursing.   + Pediatric and adolescence health nursing.   + Geriatric nursing health.   + Communication and health education   + Issues and ethics in nursing  1. **CLINICAL EXPERIENCE** | **Feb. 2023 – till now**  **August 2008- Jan. 2023** |

* **Continuing education department- provide training in quality, infection control, nursing and clinical practice guidelines and communication skills**

**Al-Yarmouk Governmental Hospital – MOH, Irbid**

* **Head of the quality department- certified quality practitioner by the HCAC (health care accreditation council).**

**Al-Yarmouk Governmental Hospital – MOH, Irbid**

* **Registered nurse- Obstetric and Gynecology, Emergency, Surgical, Medical, Operation, Pediatric and NICU departments**

**Al-Basher hospital, Amman- Jordan and Al-Yarmouk Governmental Hospital – MOH, Irbid**

**Certificates and Qualifications**

**1. Practicing Academic Work in Universities and University Colleges- Ministry of Higher Education**

**2. ILTS- Academic, 2017**

**3. Certified as a consultant in quality management with the highest level by the Jordan Nurses & Midwives Council**

**4. Health care certified quality practitioner (HCQP)/ Coarse contact hours (356) - HCAC**

**5. Certified as a TOT/ Super user on the national electronic health program services HAKEEM- Course duration 3 months.**

**6. Public Administration- institute of public administration**

**7. Cyber security- institute of public administration**

**8. Certified from several nursing and medical conferences, MOH and HCAC training courses.**

**PUBLICATIONS**

**ORCID ID: 0009-0008-7855-1546**

1. **Manar Abu-abbas, Ibrahim R. Ayasreh, Yasmeen Abu Sumaqa, Sajeda Alhamory, Tamador Raked Al Tarawneh, Mohammad Othman Abudari, Haitham Khatatbeh, Suad Sadi Jakalat. (2023). Spirituality and Psychological Wellbeing During Pregnancy and Childbirth: A Review of the Literature. Journal for ReAttach Therapy and Developmental Diversities, 6(10s(2), 1343–1348. Retrieved from** [**https://jrtdd.com/index.php/journal/article/view/1715**](https://jrtdd.com/index.php/journal/article/view/1715)
2. **Abu-abbas, Khalaf and Abu-Summaqa (2022). Psychological Aspects of**

**Health during Pregnancy: a Comparative Critical Review, Before, During and**

**After Covid-19 Pandemic. Journal of Positive School Psychology , 6(9),**

**1984-1994**

1. **Abu-abbas, Khalaf and Al-Shraideh (2022). The Effect of Spiritual**

**Interventions on the psychological aspects, stress and quality of life during**

**pregnancy: a Systematic Review of Randomized Clinical Trials. Turkish**

**Journal of Physiotherapy and Rehabilitation; 32(3), 2651-4451**

1. **Abu-Abbas, Kassab M, Shelash K (2016). Fathers and Breastfeeding Process:**

**Determining Their Role And Attitudes. European Scientific Journal, 12(18);**

**1857 – 7881**

1. **Abu Sumaqa, Hayajneh, Alhamory, Rayan, Alnaeem, Al Tarawneh, Alrida, Abu-abbas, Suhemat and Ayasreh (2023). Consequences of Psychological Aspects: From Jordanian Heart Failure Patients’ Beliefs. SAGE Open Nursing, 9: 1–8. DOI:10.1177/23779608231189128**
2. **Abu Sumaqa, Y., Hayajneh, F.A., Alnaeem, M., Alhamory, S., Ayasreh, I.R. and Abu-Abbas, M. (2022), "Exploring the triggers of psychological distress among Jordanian patients with heart failure: a phenomenological study", Working with Older People,** [**https://doi.org/10.1108/WWOP-09-2022-0042**](https://doi.org/10.1108/WWOP-09-2022-0042)
3. **Alhamory, Alradaydeh, Abu-abbas and Shawish (2023). Burden Of Treatment And Psychological Distress In Heart Failure In Jordan From Patients' Perspectives. Journal of pharmaceutical negative results, 14(3), 3468-3477 DOI: 10.47750/pnr.2023.14.03.431**
4. **Abu Sumaqa, Alhamoury, Abu-abbas and abudari (2023). Nurses’ Competencies in Providing Care to community during Disaster: A Cross Sectional Survey. NeuroQuantology, 21(5), 1662-1670| doi: 10.48047/nq.2023.21.05.NQ222156**