

## Curriculum Vitae



### Personal Data

**Family name:** Nagib

**Forenames:** Samah

**Nationality:** Egyptian

**Date of Birth:** 15-6-1976

**Gender:** Female.

**Social Status:** Married and has two children

**Academic degree:** Professor of Physical Therapy

### Contact Information

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### Academic and Career History

<b>Year/ Period</b>	<b>Academic Rank</b>	<b>University</b>	<b>Town/ State</b>	<b>Country</b>
From 1999-2005	Demonstrator in Physical Therapy Department of Surgery Faculty of Physical Therapy	Cairo University	Cairo	Egypt
From 2005 - 2009	Assistant Lecturer in Physical Therapy Department of Surgery Faculty of Physical Therapy	Cairo University	Cairo	Egypt
From 2009 - 2014	Lecturer in Physical Therapy Department of Surgery Faculty of Physical Therapy	Cairo University	Cairo	Egypt
From 2014 till 2020	Assistant Professor in Physical Therapy Department of Surgery Faculty of Physical Therapy	Cairo University	Cairo	Egypt
From 2015 -2016	Vice Dean for Community Service and Environmental Development Faculty of Physical Therapy	Beni Suef University	Beni Suef	Egypt
From 2016 till 2020	Acting Chairman of Physical Therapy Department of Surgery Faculty of Physical Therapy	MTI University	Cairo	Egypt

From 2020	Professor in Physical Therapy Department of Surgery Faculty of Physical Therapy	Cairo University	Cairo	Egypt
From 2021	Chairman of Physical Therapy Department Faculty of Pharmacy	Jerash University	Jerash	Jordan
From 2021 till now	Dean of the Faculty of Applied Medical Sciences	Jerash University	Jerash	Jordan

## Higher Education and Qualification

Degree	University	Year	Specialty	Thesis Title
Ph.D.	Cairo University	2009	<b><u>Major:</u></b> Ph.D. in Physical Therapy <b><u>Minor:</u></b> Physical Therapy for Surgery and Burn	Efficacy of Ozone Therapy on Chronic Arm Lymphedema Following Radiotherapy for Breast Cancer
M.Sc.	Cairo University	2005	<b><u>Major:</u></b> M.Sc. in Physical Therapy <b><u>Minor:</u></b> Physical Therapy for Surgery and Burn	Efficacy of Early Intervention of the Selected Physical Therapy Program in Post-mastectomy Patients
B.Sc.	Cairo University	1999	<b><u>Major:</u></b> B.sC in Physical Therapy	

## My Experiences

- Engagement in teaching activities of practical and applied courses of physical therapy burn and plastic surgery course , and general surgery course for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 1999-2009
- Engagement in teaching activities of theoretical courses of physical therapy burn and plastic surgery course, and general surgery course for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 -2016.
- Supervising the practical training of undergraduate's students in Physical Therapy Department of Surgery from 2009 -2016.
- Supervising the applied training of undergraduate's students in Physical Therapy Department of Surgery from 2009 -2016.
- Participation in committees exams and correction for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 -2016.
- Participate in committees and oral practical examinations for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 2016.
- Engagement in teaching activities of theoretical courses of physical therapy burn and plastic surgery course, and general surgery course for postgraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009.

- Participation in committees exams and correction for postgraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 .
- Participate in committees and oral practical examinations for postgraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 .
- Overseeing the franchise students and outpatient clinic Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 -2016.
- Engagement in teaching activities of theoretical courses of physical therapy burn and plastic surgery course, and general surgery course for undergraduate's students in Faculty of physical therapy-6 October University.
- Participate in committees and oral practical examinations for undergraduate's students in Faculty of physical therapy-6<sup>th</sup> October University from 2009 -2016.
- Participate in committees and oral practical examinations for undergraduate's students in Faculty of physical therapy-Pharos University 2013/2014 as an external evaluator.
- Participate in committees and oral practical examinations for undergraduate's students in Faculty of physical therapy-Misr University for Science and Technology 2016.
- Meet regular students through the Student Leadership
- Work as academic advisor for postgraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 -2016.
- Teaching student in the training program in accordance with the Convention on the Sudanese joint scientific cooperation between the Faculties of Physical Therapy at the University of Niles, Sudan and Cairo University in July / August 2011.
- Engagement in teaching activities of theoretical courses of physical therapy burn and plastic surgery course, and general surgery course for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-MTI University from 2016 till 2020 .
- Supervising the practical training of undergraduate's students in Physical Therapy Department of Surgery Faculty of physical therapy-MTI University from 2016 till 2020 .
- Supervising the applied training of undergraduate's students in Physical Therapy Department of Surgery Faculty of physical therapy-MTI University from 2016 till 2020.
- Participation in committees exams and correction for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-MTI University from 2016 till 2020 .
- Participate in committees and oral practical examinations for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-MTI University from 2016 till 2020.

## **My Skills**

### ➤ **Participation in the Quality Assurance Unit, Faculty of Physical Therapy, Cairo University:**

- Work as a member of the commission continuous assessment of the effectiveness of the educational process - project quality assurance and accreditation , Faculty of Physical Therapy , Cairo University with the consent of the Faculty Council on 7/11/2009
- Participation in the continuous improvement and Accreditation preparation within the work of the standard continuous evaluation of the effectiveness of educational process.
- Participation in the design of a set of questionnaires and distribute and transmit them to measure aspects of the educational effectiveness within the Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP) ( March 2008 )
- Participate in the annual report of the Faculty of Physical Therapy, Cairo University for the academic year 2009/2010 within the Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP).
- Participation in the workshop to discuss learning obstacles within Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP) .2009
- Participation in the preparation of self-study for Faculty of Physical Therapy -Cairo University within Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP).

- Participate in the preparation study the gap to the standard continuous evaluation of the effectiveness of educational process within Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP).
- Participate in the preparation plan and mechanism to follow up the educational effectiveness within Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP).
- Participate in the preparation of the annual report of the Faculty of Physical Therapy, Cairo University 2010-2014.
- Vice Director of Quality Assurance Unit of Faculty of Physical Therapy, Cairo University in the period 01/11/2013 till 03/31/2014
- Director of Quality Assurance Unit of Faculty of Physical Therapy, MTI University from 2016 till 2020.

➤ **Participation in the exams organization ( controls ) :**

- A member of the exams organization team (control) for undergraduate's students in Faculty of Physical Therapy, Cairo University 2010-2011.
- Head of the exams organization team (control) for undergraduate's students in Faculty of Physical Therapy, Cairo University 2011-2013.
- A member of the exams organization team (control) for postgraduate's students in Faculty of Physical Therapy, Cairo University 2013-2014.

➤ **Participation in the activity of community Service:**

- Participation in the organization of the graduates and the Golden Jubilee of the Faculty of Physical Therapy, Cairo University in 2012.
- Participation in the organization of the graduates and staffing Forum 2013
- A member of the unity of graduates in Faculty of Physical Therapy, Cairo University 2012-2014
- Director of project management at the Faculty of Physical Therapy , Cairo University for the academic year 2014/2015
- Vice Dean of Faculty of Physical Therapy , University of Beni Suf for Community Service and Environmental Development, for the academic year 2015/2016
- Director of the unity of graduates in Faculty of Physical Therapy, Cairo University 2016.

➤ **Activities in training field:**

- Work as a trainer -Faculty and leadership Development Center- Cairo University from 2014 till now
- Participate in the training sessions in the training unit of the Faculty of Physical Therapy, Cairo University
- Participation in the training sessions in the Quality Assurance and Accreditation Center - Cairo University
- Participate in a variety of training courses:
  - I. Basics of nutrition -National Institute of Nutrition -2012.
  - II. International Professional Trainer- Faculty and leadership Development Center- Cairo University-2014

## **Certificate/ letter/ trophy of Appreciation**

- 1- Certificate of appreciation of conferences attendance.
- 2- Certificate of appreciation and trophy of appreciation of conferences attendance and organization.
- 3- Certificate of appreciation and trophy of appreciation from Faculty of Physical Therapy , Cairo University in the Ceremony for Faculty accreditation-2014.
- 4- Letter of appreciation from Dean of Faculty of Physical Therapy, Cairo University.
- 5- Letter of appreciation from chairman of the Physical Therapy Department of Surgery – Faculty of Physical Therapy, Cairo University.

- 6- Letter of appreciation from head of the exams organization team (control) for postgraduate's students in Faculty of Physical Therapy, Cairo University.
- 7- Letter of appreciation from head of Quality Assurance Unit, Faculty of Physical Therapy, Cairo University.

## Conferences

- The 5th international conference of physical therapy" physical therapy and disability control" Cairo, 20-22 March 2002. (**Attendance only**)
- The first conference of orthotics, prosthesis technology and disabilities, Faculty of physical therapy, Cairo University, Egypt 2008 (**Attendance only**)
- Twelfth International College of Physical Therapy Scientific Conference "Physical Therapy towards modernization and development "in Cairo March 4 to 6, 2009. (**Attendance only**)
- 1st scientific international congress of the society of Arab faculties and institutes of physiotherapy 17-18 December 2009(**Attendance only**)
- First Scientific Conference for Quality Education , Faculty of Physical Therapy , Cairo University in July 2009(**Attendance and presentation of a scientific paper**)
- First Scientific Conference of Physical Therapy Department of Surgery under the title: Recent trends in the treatment of Obesity- December 2010. (**Attendance and organization**)
- Physical therapy conference Alexandria-2012 "Musculoskeletal – Disorders"(**Attendance only**)
- The first Arab Scientific Conference for the rehabilitation of people with disabilities under the theme of disability the right to life July 1 to 2, 2012 Enhanced Learning Center , Faculty of Medicine, Cairo University(**Attendance and presentation of a scientific paper**)
- First annual conference of Resala Center for special needs April -2013(**Attendance only**)
- 2nd scientific conference of the faculty of physical therapy- October 6 University-2013(**Attendance only**)
- The 14th international scientific conference of faculty of physical therapy- Cairo University April-2013 (**Director of the Conference**)
- The 15<sup>th</sup> international scientific conference of faculty of physical therapy- Cairo University March-2014(**Director of the Conference**)
- The 16<sup>th</sup> international scientific conference of faculty of physical therapy- Cairo University March-2015(**Director of the Conference**)
- The 1st international conference for scientific Research and its practical Applications in physical therapy Cairo 24-25 October 2015(**Director of the Conference**)
- The 1st scientific conference for "New Era in Therapeutic Modalities" Faculty of physical therapy October 6 University Cairo 20-21 April 2016(**Attendance and chairman of a scientific session**)
- The 8th international scientific conference of alternative treatment Cairo 19-20 May 2016(**Attendance and presentation of a scientific paper**)
- The 17<sup>th</sup> International Scientific Conference of Faculty of Physical Therapy- Cairo University; 2016.
- The 18th International Scientific Conference of Faculty of Physical Therapy- Cairo University; 2017.
- The 19<sup>th</sup> International Scientific Conference of Faculty of Physical Therapy- Cairo University; 2018.

## Publication

- Efficacy of Hyperbaric Oxygen Therapy in the Treatment of Vasculitic Skin Ulcers in Systemic Lupus Patients. Bull.fac.Ph.Caio Univ.,Jul. 2010.
- Percutaneous Posterior Tibial Nerve Electrical Stimulation versus sham for Detrusor Over activity in Children .Bull.fac.Ph.Caio Univ., Janu.2011.
- Efficacy of medium versus low dose ultraviolet A1 in the Treatment of Childhood Localized Scleroderma (Morphea). Bull.fac.Ph.Caio Univ., Jul. 2011.
- Ozone Therapy as an Adjunctive Modality for Weight Reduction in Grade II Adult Obese Subjects. Bull.fac.Ph.Caio Univ., Janu. 2012.
- Efficacy of Finasteride Treatment versus Low-Level Laser in Frontal Male and Female Pattern Hair Loss. Bull. Fac. Ph. Th. Cairo Univ., Vol. 17, No. (1) Jan. 2012.
- Efficacy of Aerobic Training Program on Weight Reduction after Gastric Banding (A Randomized, Controlled Trial). Bull. Fac. Ph. Th. Cairo Univ., Vol. 17, No. (2) Jul. 2012

- A Single Blinded Randomized Controlled Clinical Trial on the Efficacy of Ozone Therapy on Breast Cancer-Related Lymphedema. *Cancer and Clinical Oncology*; Vol. 2, No. 2; 2013.
- Conservative therapy versus intra-gastric balloon in treatment of Prader-willi syndrome morbid obesity. *The Egyptian Journal of Medical Human Genetics*; 14, 259–265.2013.
- Pneumatic compression and Pulsed ultrasound versus Low level laser therapy for Chronic Leg Ulcer Treatment. *Egyptian Military Medical Journal* vol.69. No.1 April 2014.
- Benefits of Respiratory kinesiotherapy and Kinesio Taping following laparoscopic cholecystectomy. The 15th international scientific conference of faculty of physical therapy- Cairo University March-2014.
- Aerobic exercise program response on respiratory function, postural balance and quality of life in treated breast cancer women with osteoporosis. The 15th international scientific conference of faculty of physical therapy- Cairo University March-2014.
- Effect of Low Level Laser Therapy on Chronic Sinusitis. The 1st international conference for scientific Research and its practical Applications in physical therapy Cairo 24-25 October 2015.
- Low Level Laser Therapy versus Ultrasonic Cavitation in Abdominal Adiposity after Gastric Bypass in Female. *International Journal of PharmTech Research* : 9(3),pp 68-76,2016
- Effect of Kinsio Taping and Strengthening Exercises on Upper Abdominal Muscles after Surgery of Anterior Abdominal Wall Hernia. *Egypt. J.of Appl. Sci.*, 31(6)2016
- Effect of Aerobic Exercise and Resisted Exercise on Immunoglobulins in Breast Cancer Patients. *International Journal of PharmTech Research* : Vol.9, No.4, pp 118-126,2016
- Dynamic Splint versus Static Splint and Active Range of Motion in Treatment of Post Burn Hand Contracture *International Journal of PharmTech Research* Vol.9, No.6, pp 75-83, 2016
- Exercises Therapy and Quality of Life in Breast Cancer Patients "A Systematic Review" *Med. J. Cairo Univ.*, Vol. 84, No. 2, September: 131-139, 2016
- Role of Cold Laser as an Alternative Tool to Bariatric Surgeries in Modifying Sirtuin1 Gene Expression in Obese Down Syndrome Patients *International Journal of PharmTech Research* Vol.10 No.2, pp 381-392,2017
- Resisted Exercises versus Aerobic Exercises in Patients with Chronic Kidney Disease *International Journal of PharmTech Research* Vol.10 No.4, pp 573-581,2017
- Comparison of kinesiotaping versus low level Laser therapy for carpal tunnel syndrome in postmastectomy lymphedema for postmenopausal women *International Journal of Physiotherapy and Research, Int J Physiother Res* 2017, Vol 5(5):2337-43.
- Effect of Exercise Training Program on Interleukin 6 Following Thermal Burn *Med. J. Cairo Univ.*, Vol. 85, No. 1, March: 295-301, 2017
- Resistive exercises versus aerobic exercises on quality of life in prostate cancer patients undergoing androgen suppression therapy *International Journal of Multidisciplinary Research and Development* Volume 5; Issue 5; Page No. 85-89; 2018.
- Effect of Electromagnetic Field on Wound Healing in Venous Ulcers (A Systematic Review) *New York Science Journal* 2018;11(7)
- Effect of Stretching Exercises Versus Kinesio Taping on Postoperative Neck Discomfort Following Total Thyroidectomy In Postmenopausal Women. *Physiotherapy Quarterly.*,2019, 27(4), 21–25
- Effect of Light-Emitting Diode Irradiation on Chronic Nonhealed Wound After Below-Knee Amputation. *The international journal of lower extremity wound.*, 2020

### **Reveiw scientific paper:**

- Reveiwer in *Physiotherapy Quarterly journal.*,2019
- Reveiwer in *Physiotherapy Quarterly journal.*,2020
- Reveiwer in *Physiotherapy Quarterly journal.*,2021

## **International Membership**

- 1- Member of the board of international Trainers from 2014 till now.

## **Professional Membership**

- 1- Member of the Council of the Department of Physical Therapy for Surgery –Faculty of Physical Therapy, Cairo University 2009-2011.
- 2- Secretary of the Council of the Department of Physical Therapy for Surgery –Faculty of Physical Therapy, Cairo University 2011-2012
- 3- Member of the Council of the Education and Student Affairs- Faculty of Physical Therapy, Cairo University 2011-2012.
- 4- Adviser of Cultural Committee of the Federation of Students- Faculty of Physical Therapy, Cairo University 2012-2013.
- 5- A member of the Committee personal interview for new undergraduate's students- Faculty of Physical Therapy, Cairo University 2012-2013.
- 6- A member of the selection committee of ideal student- Faculty of Physical Therapy, Cairo University 2012-2013.
- 7- A member of the Committee on Cultural Relations 2013-2014.
- 8- Member of the Council of the Education and Student Affairs- Faculty of Physical Therapy, Cairo University 2013-2014.
- 9- A member of the Commission on the Status Course- Faculty of Physical Therapy, Cairo University 2011-2012.
- 10- A member of the Council for Community Service and Environmental Development 2014-2015.
- 11- Member of the Council of the Faculty of Physical Therapy –Faculty of Physical Therapy, MTI University 2016 till 2020.
- 12- Member of the Council of the Quality Assurance Center, MTI University 2017 till 2020.

**Updated..... 2021**